

# AWAREforAll

## 5th Annual Boston Clinical Research Education Day

Saturday, October 3, 2009 • 10 AM–2 PM

Main Entrance Atrium Lobby of Tufts Medical Center • 800 Washington Street • Boston, MA 02111

### Is Clinical Research Right for You?

Come and find out at AWARE for All, a free clinical research information event for the public.

### Highlights of the Day

- Educational Workshops
- Free Breakfast & Lunch
- Free Health Screenings
- Meet Local Area Doctors
- Information and Exhibit Area
- Learn what you need to know about clinical research, including questions to ask your doctor



Visionary Sponsor:



### Honorary Co-Chairs



Governor  
Deval L. Patrick



Mayor  
Thomas Menino

### FREE HEALTH SCREENINGS

Blood Pressure • Body Mass Index • Bone Density  
Cholesterol • Diabetes • Oral Health • Skin Cancer

PLUS... *Chair Massage, Raffle Drawing for Prizes  
and Special Gifts for Completing Event Surveys*

### Opening Presentation



*"What Clinical Research Means to You"*  
Christopher S. Lathan, MD MS MPH  
Center for Outcomes and Policy Research  
Oncologist: Lowe Center for Thoracic Oncology  
Dana Farber Cancer Institute

### Keynote Address



*"Evolving Better Treatments: One Family's Commitment"*  
Scott Neely, brother of Boston Bruins Hockey Hall of Famer Cam Neely, and Executive Director of the Cam Neely Foundation for Cancer Care. Both Neely parents died of cancer within 6 years of one another. In an effort to save lives and help families cope with cancer treatments, Cam and his brother Scott formed the Cam Neely Foundation for Cancer Care.

### AWAREforAll

will be held at Atrium Lobby of Tufts Medical Center  
800 Washington Street, Boston, MA 02111

#### FREE PARKING—

Free Chinatown Parking for the event is available at the Tufts Tremont Street Garage at 274 Tremont Street. From the parking garage, walk to AWARE for All, located in the Atrium, at 800 Washington Street.

#### PUBLIC TRANSPORTATION—

**MBTA Subway:** "New England Medical Center" (Orange Line) stop is located across from the main hospital entrance on Washington Street.

Other nearby MBTA stops are: "Downtown Crossing" (Red Line) and "Boylston" (Green Line).

**MBTA Buses:** Tufts Medical Center is convenient to bus lines 3, 11, 43, 55 and the Silver Line.

### Join CISCRP and...

- |  |   |  |
|--|---|--|
| Alzheimer's Association, Massachusetts/<br>New Hampshire Chapter | Black Ministerial Alliance of Greater Boston          | National Association for Continence                    |
| American Cancer Society, New England Division                    | Dana-Farber/Harvard Cancer Center                     | National Cancer Institute's Cancer Information Service |
| American Diabetes Association                                    | Epilepsy Foundation of Massachusetts and Rhode Island | National Organization for Rare Disorders               |
| American Liver Foundation, New England Regional Division         | Healthy Baby, Healthy Child                           | Parkinson's Disease Foundation                         |
| Arthritis Foundation, New England Chapter                        | Juvenile Diabetes Research Foundation                 | Drug Information Association (DIA)                     |
| African Community Health Initiatives                             | Hepatitis B Foundation                                | EMD Serono   |
| AIDS Action Committee of Massachusetts                           | Lupus Foundation                                      | Biogen idec  |
| Boston 10 Point Coalition  | Melanoma Foundation of New England                    | Walgreens . . .  |
- and many more for information exhibits.*

In collaboration with



# AWAREforAll

## AGENDA: Saturday, October 3, 2009

- 10:00 AM — 2:00 PM** **Health Screenings**  
**Information Alley Exhibit Area**  
**Educational Handbooks**  
**Computer Lab**
- 9:45 AM — 10:00 AM** **Doors Open and Free Breakfast**
- 10:00 AM — 11:00 AM** **Opening Session**  
*What Clinical Research Means to You*
- 11:15 AM — 12:00 PM** **Session 1 Workshops** (choose one)  
*The Role of Women and Minorities in Clinical Research*  
*Everything You Ever Wanted to Know about the Informed Consent Process and Your Rights as a Research Participant*  
*Diabetes, Obesity, and Metabolic Syndrome*
- 12:15 PM — 1:00 PM** **Session 2 Workshops and Lunch** (choose one)  
*Clinical Research Focus on Cancer*  
*Clinical Research Focus on HIV/AIDS*  
*Clinical Research Focus on Pediatrics*
- 1:15 PM — 2:00 PM** **Closing Session**  
*Keynote Address*  
*Thank You Ceremony for Clinical Research Volunteers*

## BEFORE PARTICIPATING IN A CLINICAL TRIAL:

### What You Need to Know:

Before volunteering for a clinical trial, it is important to learn as much as possible about the trial and the care you can expect to receive while you are in it. You may wish to ask the questions below before making a decision about whether to enroll in a clinical trial.

- What is the purpose of the study?
- Who is going to be in the study?
- Why do researchers believe the experimental treatments being tested may be effective?
- Has it been tested before?
- What kinds of tests and experimental treatments are involved?
- How do the possible risks, side effects, and benefits in the study compare with my current treatment?
- How might this trial affect my daily life?
- How long will the trial last?
- Will hospitalization be required?
- Who will pay for the experimental treatment?
- Will I be reimbursed for other expenses?
- What type of long-term follow up care is part of this study?
- How will I know that the experimental treatment is working?
- Will results of the trial be provided to me?
- Who will be in charge of my daily care?

### What is Informed Consent?

Informed consent is the process of learning key facts about a clinical trial before deciding whether or not to participate in it. When an individual enrolls in a clinical trial, the research team will provide them with an informed consent document that includes details about the study including its purpose, duration, required procedures, and key contacts. Risks and potential benefits of the clinical trial also are explained in the informed consent document.



CISCRP is an independent nonprofit organization dedicated to educating and empowering people to make informed decisions regarding participation in clinical research. CISCRP does not recruit patients for clinical trials and does not conduct clinical trials.