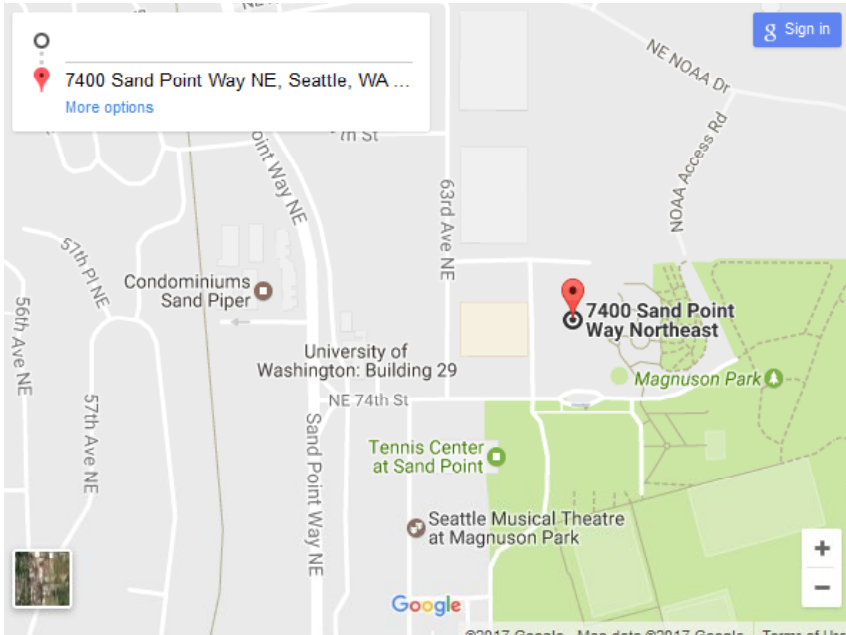




## MEDICAL HEROES 5K · DIRECTIONS FROM ACRP-CONTRACTED HOTELS

START/FINISH LOCATION: PICNIC SHELTER #2: 7400 SAND POINT WAY NE, SEATTLE, WA 98115



**CLICK MAP** to plug in directions from your location of origin to the 5k starting point

## AGENDA

**5:15AM**

1st Wave – Early Starters' Check-In

**5:45AM**

1st Wave – Early Starter 5K Begins

**6:00AM**

2nd Wave – Registration / Check-In

**6:30AM**

2nd Wave – 5K Start Time

**FOR EVENT INFO & DONATION OPPORTUNITIES:**

**REGISTER** [www.ciscrp.org/event/medhero5k-seattle](http://www.ciscrp.org/event/medhero5k-seattle)

**DONATE** [donatenow.networkforgood.org/medhero5k](http://donatenow.networkforgood.org/medhero5k)

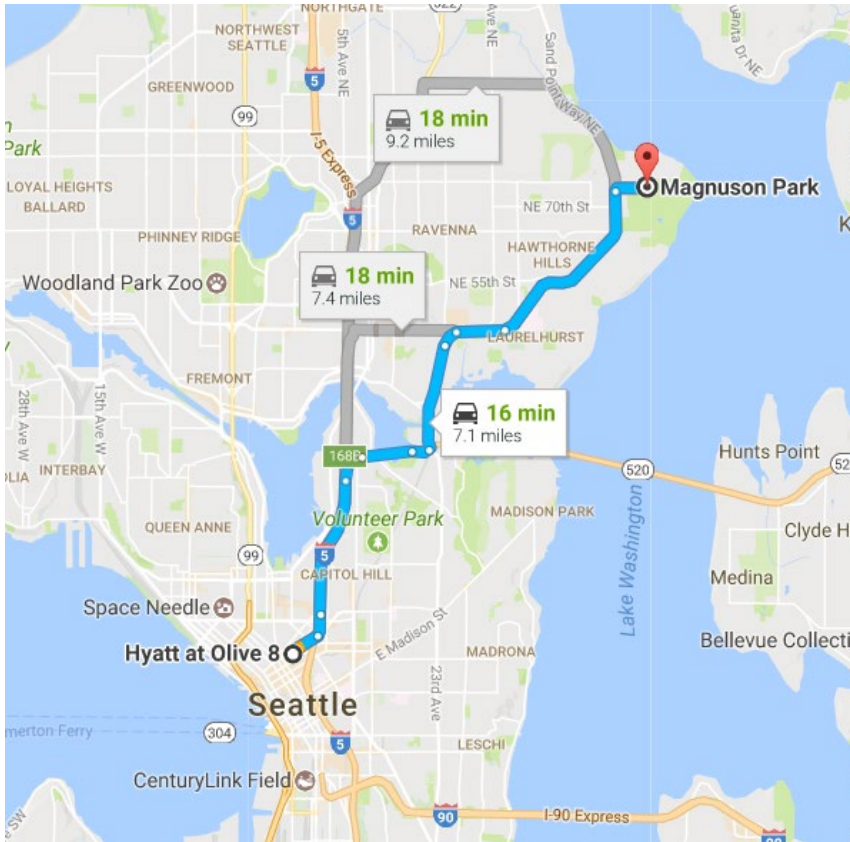
**EMAIL** [medhero5k@ciscrp.org](mailto:medhero5k@ciscrp.org)

**TOLL FREE** 1.877.MED.HERO  
(1.877.633.4376)



# MEDICAL HEROES 5K · DIRECTIONS FROM ACRP-CONTRACTED HOTELS

START/FINISH LOCATION: PICNIC SHELTER #2: 7400 SAND POINT WAY NE, SEATTLE, WA 98115

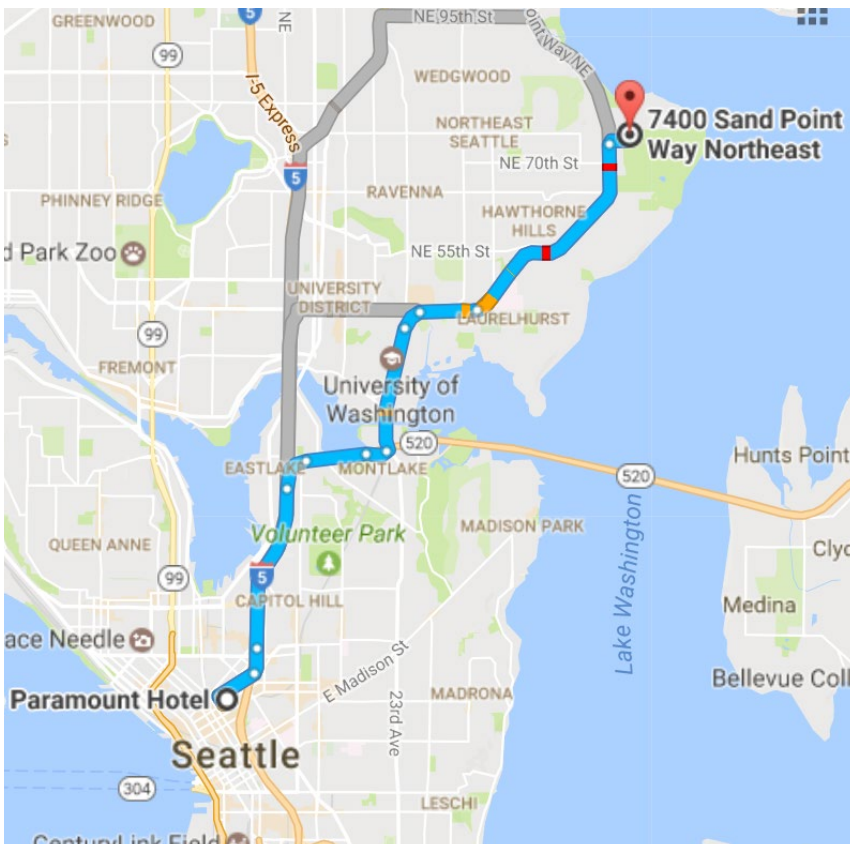


## HYATT OLIVE 8 (7.1 MILES)

Head northwest on 8th Ave toward Olive Way  
10 s (128 ft)

Take I-5 N, Montlake Blvd E and Sand Point  
Way NE to NE 74th St  
16 min (6.8 mi)

Follow NE 74th St to your destination  
3 min (0.3 mi)



## PARAMOUNT HOTEL (7.2 MILES)

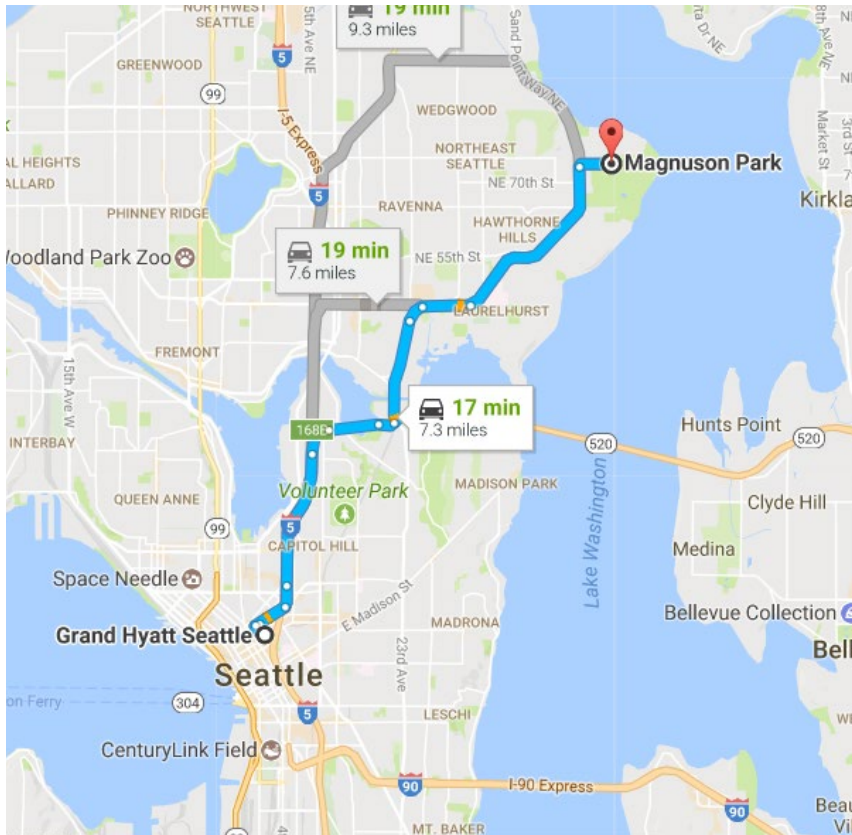
Take I-5 N, Montlake Blvd E and Sand Point  
Way NE to NE 74th St

Continue on NE 74th St to your destination



# MEDICAL HEROES 5K · DIRECTIONS FROM ACRP-CONTRACTED HOTELS

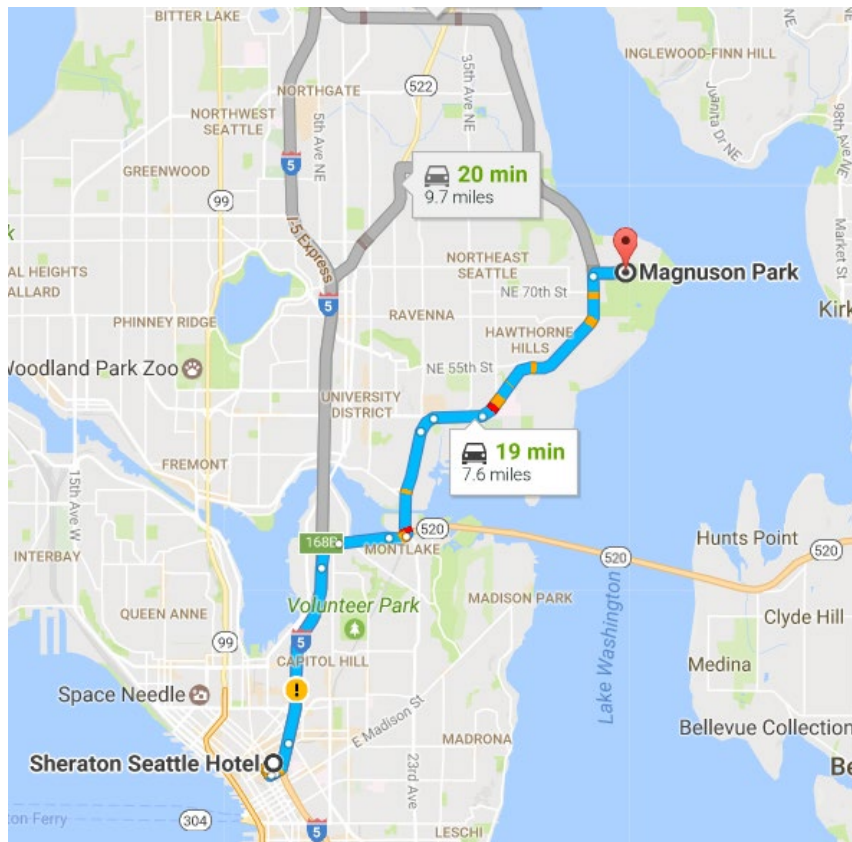
START/FINISH LOCATION: PICNIC SHELTER #2: 7400 SAND POINT WAY NE, SEATTLE, WA 98115



## GRAND HYATT SEATTLE (7.3 MILES)

Take I-5 N, Montlake Blvd E and Sand Point Way NE to NE 74th St  
17 min (6.9 mi)

Follow NE 74th St to your destination  
3 min (0.3 mi)



## SHERATON SEATTLE HOTEL (7.6 MILES)

Take Union St to University St  
1 min (0.2 mi)

Get on I-5 N  
1 min (0.4 mi)

Continue on I-5 N. Take Montlake Blvd E and Sand Point Way NE to NE 74th St  
15 min (6.7 mi)

Follow NE 74th St to your destination  
3 min (0.3 mi)