



PANDEMIC RESPONSE NETWORK

Pandemic Response Network: Community Health Watch

pandemicresponsenetwork.org/covidwatch

What is Community Health Watch?

Community Health Watch is a symptom-support program that helps you manage your health during the pandemic. The program is open to anyone, anywhere.

Why should I join?

- **Community Health Watch** helps you manage symptoms related to COVID-19 at home.
- We tell you if your symptoms are severe enough to call your health care provider or go to the hospital.
- We will personally call you if you report severe symptoms or stop reporting your symptoms for 24 hours to make sure you are OK.
- Participating will help us improve the COVID-19 pandemic response for people and populations.
- We'll use the info to better characterize COVID-19 disease progression, identify risk factors for severe COVID-19 infection, and improve how health systems plan.

Impact:

“It feels so good knowing you guys are out there—it’s so comforting”

—Participant, age 79

Who should sign up?

Anyone can connect.

Any age. Any race. Any location.
Any risk factor—or no risk factor.
High possibility of exposure. No exposure.
Essential worker.
Work-from-home employee.

Anyone.

Anyone, for any reason, can connect.

Concerned about possible exposure?
Curious about who gets severe COVID-19?
Preparing to go back to the office?
Wondering how reopening will affect you?
Worried about your family’s well-being?

Anyone.

Anyone, at any stage, can connect.

Wondering if you are at risk?
Monitoring flu-like symptoms?
Just got a positive test result?
Managing symptoms from home?
Just admitted to a hospital
Recently discharged?
Recovered and looking for antibody tests?

Anyone.

How do I participate?

Signing up is easy.

1. Scan this QR Code with your smart phone or visit pandemicresponsenetwork.org/covidwatch.
2. Report symptoms twice a day using a cell phone or computer.



For more information:

- Visit pandemicresponsenetwork.org/covidwatch;
- Call 919-684-7979; or
- Email info@pandemicresponsenetwork.org