



PANDEMIC RESPONSE NETWORK

# Pandemic Response Network: Community Health Watch

[pandemicresponsenetwork.org/covidwatch](https://pandemicresponsenetwork.org/covidwatch)

## What is Community Health Watch?

**Community Health Watch** is a symptom-support program that helps you manage your health during the pandemic. The program is open to anyone, anywhere.

## Why should I join?

- **Community Health Watch** helps you manage symptoms related to COVID-19 at home.
- We tell you if your symptoms are severe enough to call your health care provider or go to the hospital.
- We will personally call you if you report severe symptoms or stop reporting your symptoms for 24 hours to make sure you are OK.
- Participating will help us improve the COVID-19 pandemic response for people and populations.
- We'll use the info to better characterize COVID-19 disease progression, identify risk factors for severe COVID-19 infection, and improve how health systems plan.

Impact:

“It feels so good knowing you guys are out there—it’s so comforting”

—Participant, age 79

## Who should sign up?

### Anyone can connect.

Any age. Any race. Any location.  
Any risk factor—or no risk factor.  
High possibility of exposure. No exposure.  
Essential worker.  
Work-from-home employee.

### Anyone.

### Anyone, for any reason, can connect.

Concerned about possible exposure?  
Curious about who gets severe COVID-19?  
Preparing to go back to the office?  
Wondering how reopening will affect you?  
Worried about your family’s well-being?

### Anyone.

### Anyone, at any stage, can connect.

Wondering if you are at risk?  
Monitoring flu-like symptoms?  
Just got a positive test result?  
Managing symptoms from home?  
Just admitted to a hospital  
Recently discharged?  
Recovered and looking for antibody tests?

### Anyone.

## How do I participate?

### Signing up is easy.

1. Scan this QR Code with your smart phone or visit [pandemicresponsenetwork.org/covidwatch](https://pandemicresponsenetwork.org/covidwatch).
2. Report symptoms twice a day using a cell phone or computer.



### For more information:

- Visit [pandemicresponsenetwork.org/covidwatch](https://pandemicresponsenetwork.org/covidwatch);
- Call 919-684-7979; or
- Email [info@pandemicresponsenetwork.org](mailto:info@pandemicresponsenetwork.org)