Boehringer Ingelheim Honors CISCPR’s Medical Heroes & Encourages Patient Participation from all Backgrounds

Our family’s science, your family’s health

Boehringer Ingelheim is proud to work alongside the unsung heroes of clinical research and medical progress, including our patient participants, investigators and research staff that help lead the way to the identification of new medicines and therapies. We value the gift of patient participation from all backgrounds, especially as health disparities persist and the need exists to optimize diversity to promote balanced representation for all populations.

We are committed to advancing this change and taking steps by listening to our patients and striving to ensure their perspectives and inclusion are at the center of advancing public health and treatments available today, tomorrow and for future generations.

Learn more about us at us.boehringer-ingelheim.com
By putting lives first, we’ve created a legacy that lasts

For nearly 130 years, we have tackled some of the world’s biggest health challenges and provided hope in the fight against disease, for both people and animals. Today, we continue our commitment to be the premier research-intensive biopharmaceutical company in pursuit of medical breakthroughs that benefit patients and society for today, tomorrow and generations to come.
Katie Klatt is a lot of things: an athlete, a nurse, and a student working on a master’s degree in public health. Her new role this year as a COVID-19 patient, however, has changed her life and sharpened her focus.

Katie Klatt, a pediatric intensive care nurse who started a public health program at the Harvard Chan School in January, got sick during the early days of the pandemic. She is still not sure how she contracted the coronavirus. “Lockdown happened a few days before I got symptoms, so I could have literally gotten it from anywhere, because I was still doing all the normal things in the community before everything closed,” she says.

Her symptoms included a bad headache, light-sensitivity, and body aches. She also had a body rash and a fever of 103°F for 10 days. At first, Klatt saw her doctor via virtual appointments. But a week into her illness, her doctor advised her to go to the hospital. She did not have a car, so she walked 40 minutes to the emergency room. She did not want to expose anyone on public transportation or in a car service.

At the hospital, doctors diagnosed her with COVID-19, a sinus infection, and possibly pneumonia. They gave her a prescription for an antibiotic to treat the sinus infection and sent her home. She isolated herself from her roommates and four days later, she started to feel better. Slowly, the Australian and Gaelic football leagues athlete started to gain her strength back.

Research Next, she wanted to help further the medical understanding of the coronavirus. She connected with researchers who had started studying COVID-19 in a COVID-19 antibody clinical study since April. She does monthly blood draws to check her antibody levels. Klatt also signed up for a COVID-19 dermatology study since she had that full-body rash.

Participating in the research studies has been easy for Klatt, and she encourages other people who’ve had COVID-19 to participate in research, too. “There’s so much misinformation out there about COVID-19, and there’s so much we don’t know,” she says. “The more people that join studies, the better the knowledge is going to be, and the more accurate we can be in how we’re making estimates.”

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Together, we are shaping the future of health care.

We thank the millions of volunteers and professionals who participate in clinical research each year. Because of you, health care advancements are possible. To learn more about clinical research, please visit CISCRP.org.

A sincere thank you to all medical heroes from the following organizations:
Science is resilient. It can overcome diseases, create cures, and, yes, even beat pandemics. It has the methodology and the rigor to withstand even the most arduous scrutiny. It keeps asking questions and, until there’s a breakthrough, it isn’t done. That’s why, when the world needs answers, we turn to science. Because in the end, Science will win.

Scientific discoveries are made possible by the hundreds of thousands of people who participate in clinical trials. www.PfizerClinicalTrials.com/LearnMore