



Celebrating 30 years, our 2021 Virtual Tour de Cure is the premier fundraising event for the American Diabetes Association. At Tour de Cure, you, your friends, co-workers, corporate teams, and family can participate in any cycling distance in support of our mission. Additionally, there is a virtual nationwide Step Out Walk. Participants will be energized through fun cycle challenges within their local market and nationwide with other riders. Cyclist will enjoy keeping track of their mileage through the interactive Strava App. Tour de Cure celebrates participants living with diabetes, our Champion fundraisers (\$1,000+ participants) and all those who participate to help make an impact in the lives of those living with diabetes.

Register at [diabetes.org/chicagotour](https://diabetes.org/chicagotour).



## State of Diabetes

The Virtual Illinois State of Diabetes is an informative healthcare campaign focusing on Health Equity. It will feature on-demand content from Illinois health experts and local public officials. State of Diabetes will bring together industry leaders, healthcare providers, innovative technology creators, and members of the community in a panel style platform setting. State of Diabetes content will focus on the ADA's Health Equity Now initiative 5 pillars: Cure, Care, Cost, Cuisine and Connect.



The ADA's Imagine Camps is offered year-round to youth who live with diabetes across the United States and around the world. ADA Imagine Camp is designed to facilitate a free, at-home virtual experience, providing opportunities for children with diabetes to connect as never before. It is designed to educate children living with diabetes, their caregivers, and healthcare professionals about proper management, new tools and living well with diabetes. Imagine Camp will help children develop social skills, confidence, independence, and life-long friendships for life. For registration info, please visit [diabetes.org/illinoiscamps](https://diabetes.org/illinoiscamps)

The ADA and Top Box Foods are partnering together again in 2021 to help those in need due to Covid 19 implications. The ADA and Top Box Foods will join forces to deliver healthy food boxes across and around the city of Chicago. The target demographic is low income households in the South and West sides of Chicago who are in food deserts and are at high risk for type 2 diabetes. In addition to the nutritional items, the ADA will include the diabetes related educational and nutritional information.



Project Power is the American Diabetes Association® initiative to slow the trajectory of childhood obesity through health promotion, nutrition education, increased physical activity and family involvement for elementary and middle school aged youth to prevent obesity, diabetes and its complications. ADA Imagine Camp: Project Power is an innovative program connecting youth at risk for developing type 2 diabetes. This program empowers youth to make healthy lifestyle choices to develop lifelong habits and encourages youth to develop sustainable healthy household habits. [diabetes.org/project-power](https://diabetes.org/project-power)



Join the American Diabetes Association on our journey to #BEATDIABETES through 26.2 meaningful miles in the 2021 Bank of America Chicago Marathon. We had nearly 65 runners participate in the 2019 Chicago Marathon who choose the American Diabetes Association as their chosen charity. For more info please visit [diabetes.org/teamdiabeteschicago](https://diabetes.org/teamdiabeteschicago).