Introduction:

Every two years, CISCRP conducts the Perceptions & Insights Survey – an online, global assessment of public and patient perceptions, motivations, and experiences with clinical research participation in order to monitor trends and identify opportunities to better inform and engage the public and patients as stakeholders and partners in the clinical research enterprise.

In an effort to build off this work, Parexel engaged CISCRP to design a survey specifically for parents and their children in order to better understand perceptions and experiences related to pediatric clinical trials. Specifically, the goal of this survey was to gain insight into general perceptions of pediatric trials, preferred channels of communication, key information parents and their children would want about pediatric clinical trials, as well as past or current experiences participating in pediatric clinical trials.

During the month of April 2020, CISCRP conducted an online US-based survey among 500 parents and their children. The survey instrument was based in part on questions posed in past Perceptions & Insights studies with modified language for child respondents. The survey was distributed online. Parents would first take the adult section of the survey, then ask their children to complete the child section.

In this report, CISCRP provides a summary of these results and compares the results with the baseline Perceptions & Insights Study where applicable. The findings illustrate what matters most to patients and their parents and offer ways to best support and inform prospective pediatric volunteers and their guardians before, during, and after the clinical research process.

An executive summary of key learnings can be found on the next page of this report. Detailed findings are divided into two sections – parent findings and child findings.
Executive Summary:

Overall:
- Parents whose children have participated in clinical research report the highest levels of understanding of clinical research, awareness of studies actively enrolling, and willingness to have their child participate.
- Healthcare professionals are key at several points along the journey toward participation.
  - For example, doctor’s recommendations are the top reason that parents decide to have their child participate.
  - Children would most prefer to learn about clinical research through their doctor.
- Though children report burdensome study experiences, most indicate that the study exceeded their expectations and they are willing to participate again.

Parents/guardians:
- Parents generally self-report high levels of understanding about clinical research.
  - Awareness and understanding are greatest among parents whose children have participated in clinical research.
- Parents discuss clinical research with their child’s doctors often and cite their child’s doctors as the top way they learn about participation opportunities.
  - Doctor’s recommendations are also the top reason that parents decide to have their child participate.
- During participation, parents report highly burdensome experiences and high levels of disruption to their daily routine.

Children:
- Levels of awareness of clinical research vary by child’s age, as older children were more likely to have heard of clinical research compared to younger children.
  - Overall, few report that they understand clinical research “Very Well.”
- Though many were not sure whether they would want to participate, 50% report that they would be willing.
  - The top motivation was altruistic as children wanted to advance science through their participation.
- Despite reporting burdensome experiences, most children who had participated in a clinical trial indicate that participation was a better experience than they thought it would be.
## Methods & Survey Sample:

<table>
<thead>
<tr>
<th>Questionnaire Development</th>
<th>U.S. based pediatric questionnaire developed in collaboration with Parexel, using the CISCRP 2019 Perceptions &amp; Study as a base.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Data Collection Period</td>
<td>April 2020</td>
</tr>
<tr>
<td>Methodology</td>
<td>The survey was distributed online. Parents would first take the adult section of the survey, then ask their children to complete the child section.</td>
</tr>
<tr>
<td>Final Sample Size</td>
<td>n=500, Parents and Legal Guardians</td>
</tr>
</tbody>
</table>

### Analysis:

Results were analyzed for statistical differences across respondent demographics. Comparisons were drawn to the 2019 Perceptions and Insights study when appropriate. Throughout the report, percentages may not total 100% due to rounding.

### Respondent characteristics are as follows:

#### Parents (n = 500)

<table>
<thead>
<tr>
<th>Gender</th>
<th>62% Female</th>
<th>38% Male</th>
<th>&lt;1% Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>23% 18-34 Years Old</td>
<td>46% 35-44 Years Old</td>
<td>26% 45-54 Years Old</td>
</tr>
<tr>
<td>Race (top mentions)</td>
<td>75% White</td>
<td>16% Black</td>
<td>8% Asian</td>
</tr>
<tr>
<td>Ethnicity (top mentions)</td>
<td>84% Not Hispanic/Latino</td>
<td>15% Hispanic/Latino</td>
<td></td>
</tr>
<tr>
<td>Education</td>
<td>8% Less than high school</td>
<td>11% High school/equivalent</td>
<td>37% Associates/Technical/Some College</td>
</tr>
</tbody>
</table>

#### Children (n = 486)

<table>
<thead>
<tr>
<th>Gender</th>
<th>46% Female</th>
<th>54% Male</th>
<th>&lt;1% Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (child reported)</td>
<td>49% 10-13 Years Old</td>
<td>51% 14-17 Years Old</td>
<td></td>
</tr>
<tr>
<td>Race (top mentions)</td>
<td>71% White</td>
<td>19% Black</td>
<td>8% Asian</td>
</tr>
<tr>
<td>Ethnicity (top mentions)</td>
<td>82% Not Hispanic/Latino</td>
<td>18% Hispanic/Latino</td>
<td></td>
</tr>
<tr>
<td>Medical Condition</td>
<td>50% Diagnosed w/Medical Condition</td>
<td>50% Not Diagnosed w/Medical condition</td>
<td></td>
</tr>
<tr>
<td>Clinical Trial Participation</td>
<td>12% Participated</td>
<td>88% Never Participated</td>
<td></td>
</tr>
</tbody>
</table>
Pediatric Study Participant Profiles:

- **Type of Study**
  - Expanded Access: 8%
  - Interventional Study: 36%
  - Observational Study: 46%
  - I don’t remember: 10%

- **Phase of Study**
  - Phase I: 36%
  - Phase II: 23%
  - Phase II/III: 15%
  - Phase III: 10%
  - Phase IV: 3%
  - I don’t remember: 8%

Sample Size = 39 Base: Parents reporting that child participated in a pediatric clinical research study

8% of the overall sample reported that their child participated in a clinical research study.

**Study Completion Rates:**
- 74% Completed the study
- 21% Stopped before last visit
- 5% Don’t remember

**Number of Trials Participated In:**
- Mean = 1.41
Parent/Guardian Findings
Parents whose children have participated are more knowledgeable about clinical research

How well do you understand what is meant by the term "clinical research study"?

2019 Perceptions & Insights Study:
Adult clinical research participants were also more knowledgeable about clinical research compared to those who had never participated according to the 2019 Perceptions & Insights Study (n=12,451).
Parents discuss clinical research with their child’s doctors often and feel it’s important for these providers to be aware

In general, when discussing treatment or medication options with your child’s doctor(s), how often do you consider clinical research studies as another option?

- Never: 12%
- Not very often: 29%
- Somewhat often: 32%
- Very often: 27%

Sample Size = 500 Base: All parents

97% of all parents felt that it was ‘Somewhat/Very Important’ for their child’s doctors to be aware of clinical research studies being conducted in their community

2019 Perceptions & Insights Study:
Parents discussed clinical research options with their child’s doctors much more often than adults report discussing these options with their own doctors (less than 40% “somewhat/very often).
Parents whose children have participated are much more aware of studies actively enrolling during the past six months, do you remember seeing or hearing about a clinical research study that was looking for pediatric or child volunteers?

(A) Parents Whose Children Have Participated (n=39)

- Yes: 77% B
- No: 18% B
- I don't remember: 5% B

(B) Parents Whose Children Have Never Participated (n=461)

- Yes: 75% A
- No: 17% A
- I don't remember: 8% A

Letters indicate statistical significance at 95%
Advertisements are the most common way parents hear about studies actively enrolling.

Where did you see or hear about a clinical research study?

- A traditional advertisement (TV, radio, public transit): 16%
- An online advertisement for the study: 9%
- My child’s primary care physician: 8%
- My extended family/friends: 6%
- My pharmacy/pharmacist: 5%
- Posters/pamphlets in my child’s doctor’s office: 4%
- The research center doctor and/or staff: 3%
- Through a patient advocacy group: 3%
- Pharmaceutical company website: 3%
- My significant other: 3%
- The nurse at my child’s primary care doctor: 3%
- Online patient community or social media site: 2%
- Government-maintained online clinical trials registry: 2%

(n= 108) Base: Parents who have heard of a pediatric clinical trial actively enrolling in the last 6 months.

2019 Perceptions & Insights
The 2019 Perceptions & Insights Study (n=12,451) also showed that the public heard about clinical research from multiple sources.
Most parents believe clinical research studies to be safe

In your opinion, how safe are clinical research studies?

![Why do you think clinical research studies are not safe?]

- Very safe: 31%
- Somewhat safe: 56%
- Not very safe: 12%
- Not at all safe: 2%

Sample Size = 500 Base: All parents

There may be side effects: 76%
I don’t trust pharmaceutical companies: 51%
I don’t know enough about clinical research studies: 37%
There are too many invasive procedures required: 21%
My child’s symptoms may get worse if a placebo is used: 19%
The safety and quality of clinical research studies are not monitored closely enough: 16%
I saw or heard negative news about clinical research: 10%

Sample Size = 67 Base: All parents who said that clinical research was “Not Very” or “Not At All Safe”
Most parents are willing to have their child participate – even more willing for observational research

In general, how willing would you be to have your child participate in a clinical research study?

Findings are similar to the 2019 Perceptions & Insights Study (n=12,451), as most were “Somewhat” (41%) or “Very Willing” (44%) to participate.
Parents are motivated for their children to participate to help others and find better treatments for their child.

Please indicate reasons why you would (wouldn’t) be willing to have your child participate in a clinical research study?

<table>
<thead>
<tr>
<th>Top 5 Motivations</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Help others with the same disease/condition</td>
<td>42%</td>
</tr>
<tr>
<td>Better treatment for child</td>
<td>41%</td>
</tr>
<tr>
<td>Education about child’s treatment</td>
<td>41%</td>
</tr>
<tr>
<td>Advance science and new treatments</td>
<td>38%</td>
</tr>
<tr>
<td>Child’s doctor recommended</td>
<td>37%</td>
</tr>
</tbody>
</table>

(n= 390) Base: Parents who would be ‘Somewhat’ or ‘Very Willing’ to have their child participate

<table>
<thead>
<tr>
<th>Top 5 Barriers</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concerns about the risks of clinical research</td>
<td>48%</td>
</tr>
<tr>
<td>Don’t want to take a chance with child’s health</td>
<td>46%</td>
</tr>
<tr>
<td>Don’t want child to be treated like a test subject</td>
<td>41%</td>
</tr>
<tr>
<td>Concerns about protecting child’s privacy</td>
<td>36%</td>
</tr>
<tr>
<td>I do not know enough about clinical research</td>
<td>32%</td>
</tr>
</tbody>
</table>

(n= 110) Base: Parents who would be ‘Not Very’ or ‘Not at all Willing’ to have their child participate, or were not sure

Altruistic motivations, like helping others and advancing science, were also top motivators among adult respondents in the 2019 Perceptions & Insights Study (n=10,479). Concerns about taking a chance with one’s health and the risks of clinical research were also top barriers among adult respondents in the 2019 Perceptions & Insights Study (n=1,974)
**Study risks & benefits are the most important information for participation decision**

Before making a decision to have your child participate in a clinical research study, how important is it to you to know each of the following types of information?

<table>
<thead>
<tr>
<th>% indicating “Very important”</th>
<th>TOP 10</th>
<th>All Parents (n=500)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potential risks and benefits</td>
<td>79%</td>
<td></td>
</tr>
<tr>
<td>Types of medical procedures required</td>
<td>78%</td>
<td></td>
</tr>
<tr>
<td>Purpose of the clinical research study</td>
<td>73%</td>
<td></td>
</tr>
<tr>
<td>If my/our confidentiality would be protected</td>
<td>73%</td>
<td></td>
</tr>
<tr>
<td>Potential costs and reimbursements</td>
<td>67%</td>
<td></td>
</tr>
<tr>
<td>Duration of each study visit</td>
<td>65%</td>
<td></td>
</tr>
<tr>
<td>Length of participation in the clinical research study</td>
<td>64%</td>
<td></td>
</tr>
<tr>
<td>Results and information from earlier phase studies on the study drug</td>
<td>64%</td>
<td></td>
</tr>
<tr>
<td>If I would receive a summary of the study results after my participation ended</td>
<td>63%</td>
<td></td>
</tr>
<tr>
<td>Number of study visits</td>
<td>63%</td>
<td></td>
</tr>
</tbody>
</table>

The same top 3 considerations were seen among adult respondents making the participation decision for themselves. (n=12,451) However, parents place higher importance on logistical considerations, like study visit duration.
Parents whose children participated in studies are most likely to learn about these studies through their child’s doctor or the study center.

Where did you learn about the clinical research study?

- My child’s primary care physician/specialist: 18%
- The research center doctor/ study staff: 18%
- My extended family/friends: 13%
- Government-maintained online clinical trial: 10%
- A traditional advertisement (TV, radio, etc.): 8%
- The nurse at my child’s primary care: 5%
- Online patient community or social media: 5%
- My pharmacy or pharmacist: 5%
- Through a patient advocacy group: 5%
- Pharmaceutical company website: 5%
- My significant other: 5%

Primary care doctors/specialists and research centers/recruitment companies are also the top ways that children were asked to participate.

n= 39 Base: Parents whose children have participated in a clinical research study

n= 66 Base: All parents whose children have been asked to participate in a clinical research study
Parents are most likely to cite a doctor’s recommendation as the reason they decided to have their child participate.

Please indicate which of the following are reasons you decided to have your child participate in a clinical research study?

<table>
<thead>
<tr>
<th>Reason</th>
<th>%  (TOP 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>My child’s doctor recommended the study</td>
<td>38%</td>
</tr>
<tr>
<td>Help advance science and the treatment of my child’s disease/condition</td>
<td>26%</td>
</tr>
<tr>
<td>To help others who suffer from my child’s disease/condition</td>
<td>23%</td>
</tr>
<tr>
<td>My family or friends recommended the study</td>
<td>23%</td>
</tr>
</tbody>
</table>
Most considered the informed consent form to be “Very Easy” to understand and report a number of format options to be available.

In general, how easy or difficult was it to understand the informed consent form?

The 2019 Perceptions & Insights Study found that only 48% of participants thought the consent form was “Very easy” to understand (n=3,654).
Supporting information is very important to parents during their child’s participation.

If you/your child were to participate in a clinical research study, how important are the following to your participation?

<table>
<thead>
<tr>
<th>% indicating “Very important”</th>
<th>All Parents (n=500)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provided with supporting information on the clinical research study</td>
<td>60%</td>
</tr>
<tr>
<td>Provided with supporting information on managing my health condition in general</td>
<td>58%</td>
</tr>
<tr>
<td>Availability of clinical research study information designed specifically for caregivers</td>
<td>54%</td>
</tr>
<tr>
<td>Clinical study medicine delivered to my home</td>
<td>49%</td>
</tr>
<tr>
<td>Availability of mobile applications (e.g., electronic surveys, visit reminders sent via text)</td>
<td>46%</td>
</tr>
<tr>
<td>Review and sign documents in electronic format</td>
<td>46%</td>
</tr>
<tr>
<td>Provided the opportunity to complete a satisfaction survey on your experience</td>
<td>45%</td>
</tr>
<tr>
<td>Concierge services</td>
<td>45%</td>
</tr>
<tr>
<td>Some or all study visits conducted at my home or my office</td>
<td>43%</td>
</tr>
</tbody>
</table>

Generally, the sequence of these considerations is consistent with adult Perceptions & Insights findings.
Most parents report the participation experience as burdensome and disruptive

How much did your child’s participation in the clinical research study affect your general daily routine?

- Very Disruptive, 31%
- Somewhat Disruptive, 28%
- Not Very Disruptive, 21%
- Not At All Disruptive, 21%

How burdensome was each of the following?

<table>
<thead>
<tr>
<th>% Somewhat or Very Burdensome</th>
<th>Parents of children who participated (n=500)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traveling to the study clinic</td>
<td>64%</td>
</tr>
<tr>
<td>Lab work (e.g. blood tests, urine)</td>
<td>62%</td>
</tr>
<tr>
<td>The length of the study visits</td>
<td>54%</td>
</tr>
<tr>
<td>Completing health questionnaires</td>
<td>54%</td>
</tr>
<tr>
<td>Undergoing diagnostic tests (e.g. X-rays, MRIs)</td>
<td>51%</td>
</tr>
<tr>
<td>Taking the clinical study medicine</td>
<td>51%</td>
</tr>
</tbody>
</table>

By contrast, most (81%) of adult trial participants said that their experience was “Not Very/Not At All Disruptive.” (n=3,654)
Despite burdens, most parents report that their children complete their study.

Did your child participate in the entire research study or did they stop before the last scheduled study visit?

- My child participated in the entire research study: 74%
- My child stopped before their last study visit: 21%
- I'm not sure: 5%

As the top reasons for stopping their child’s participation early, parents cite fears that their child was receiving placebo (57%), and poor communication with the study center (43%).

n= 7 | Base: Parents whose children stopped participation early*

*Small Sample Size – view results with caution
Did you receive any reports or updates on the results of the study once your child finished the clinical research study?

- Yes: 75%
- I don't remember: 10%
- No: 15%

n= 39 | Base: Parents whose children have participated in a clinical research study

Most adult participants (52%) said that they did not receive reports/updates after participation.
However parents desire even more information than they receive

What information did you and your child receive? What information would you be most interested in?

**If your child was to participate in a future clinical research study, what information would you be most interested in receiving after they completed their participation?** n=500 | Base: All parents

**What information did you and your child receive?** n=39 | Base: Those whose children have participated in a clinical research study

<table>
<thead>
<tr>
<th>Information</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Information about scientific publications</td>
<td>35%</td>
</tr>
<tr>
<td>Information about upcoming clinical research studies</td>
<td>36%</td>
</tr>
<tr>
<td>The brand name for the study drug</td>
<td>34%</td>
</tr>
<tr>
<td>Drug approval status</td>
<td>31%</td>
</tr>
<tr>
<td>Whether my child received the study drug or placebo</td>
<td>56%</td>
</tr>
<tr>
<td>Drug approval status</td>
<td>38%</td>
</tr>
<tr>
<td>A summary of the study results</td>
<td>38%</td>
</tr>
<tr>
<td>My child's individual study results</td>
<td>71%</td>
</tr>
<tr>
<td>My child's individual study results</td>
<td>52%</td>
</tr>
</tbody>
</table>
Key Subgroup Differences Among Parents

By Gender and Race

Parent/Guardian Gender

- Fathers:
  - ✓ Report a better understanding of clinical research
  - ✓ Believed clinical research to be safer
  - ✓ Are more willing to have their child participate

- Mothers:
  - ✓ Are more likely to cite “I don’t want to take a chance with my child’s health” as a barrier to participation
  - ✓ Place greater importance on supporting information during participation

Parent/Guardian Race

- Parents who identified as Black report a better understanding of clinical research and were more willing to have their child participate compared to White parents.

- Parents who identified as Black also place more importance on the following compared to White parents:
  - ✓ Home visits
  - ✓ Information designed for caregivers
  - ✓ The ability to review documents electronically
By Education and Child’s Health

**Degree of Education**

- Parents who have completed higher levels of educational degrees:
  - Are more aware of pediatric studies actively enrolling
  - Discuss participation with their child’s pediatrician more often
  - Believe clinical research to be safer
  - Are more willing to have their child participate

**Parent/Guardians of Children with Medical Conditions**

- Parents of children with medical conditions were apt to be:
  - Aware of pediatric studies actively enrolling
  - Discussing clinical research with their child’s doctors more frequently
  - Likely to say that their child was asked to participate
  - More willing to have their child participate in an interventional study

… Compared to parents whose children had not been diagnosed with a medical condition
Children Findings
Older children were more likely to have heard of clinical research

Have you ever heard of the words “clinical research study”?  

(A) Children age 10-13  
Yes 51%  
No 49% B  

(B) Children age 14-17  
Yes, 80% A  
No 20%  

[IF HEARD] How well do you understand what “clinical research study” is?  

(A) Children age 10-13  
Very Well 3%  
Kind Of Well 17%  
Not Very Well 51%  
Not At All Well 22%  

(B) Children age 14-17  
Very Well 25%  
Kind Of Well 52%  
Not Very Well 2%  
Not At All Well 3%  

n= 237 | Base: All children age 10-13  
n= 249 | Base: All children age 14-17  
n= 120 | Base: Children age 10-13 who have heard of clinical research  
n= 200 | Base: Children age 14-17 who have heard of clinical research  

*Letters indicate statistical significance at a 95% CI
Children prefer to learn about clinical research studies through their doctor

What is the best way kids and young people can learn about clinical research and find clinical research studies?

- From a doctor: 51%
- From the internet: 23%
- From a parent/guardian or family member: 20%
- From a school or college: 6%
- Other: 1%

Sample Size = 486 Base: All children
Though half of children are willing to participate, many others are not sure if they are willing.

Would you want to join a clinical research study? Why or why not?

### What are some reasons you would want to participate?

<table>
<thead>
<tr>
<th>Motivation</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I want to help scientists and doctors learn more about my disease</td>
<td>63%</td>
</tr>
<tr>
<td>I want to get better medicine for my disease/condition</td>
<td>56%</td>
</tr>
<tr>
<td>My doctor and my family wanted me to join the study</td>
<td>33%</td>
</tr>
<tr>
<td>There are not many medicines or treatments for my disease</td>
<td>20%</td>
</tr>
</tbody>
</table>

(n= 239) Base: Children who would want to join a clinical research study

### What are some reasons you would not want to participate?

<table>
<thead>
<tr>
<th>Barrier</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am scared something bad could happen and I could get more sick</td>
<td>62%</td>
</tr>
<tr>
<td>I am scared of needles for blood draws or shots</td>
<td>55%</td>
</tr>
<tr>
<td>I wouldn’t want to miss school or playing with my friends</td>
<td>40%</td>
</tr>
<tr>
<td>My regular doctor and my family would not want me to join</td>
<td>14%</td>
</tr>
<tr>
<td>I do not think the doctor in the study would take good care of me</td>
<td>8%</td>
</tr>
</tbody>
</table>

(n= 247) Base: Children who would not want to join a clinical research study or were not sure

Top reason for participation is altruistic
Most children believe that clinical research is safe; Those who are concerned indicate they don’t know enough about clinical research.

How safe do you think clinical research studies are?

- **Very safe, 24%**
- **Kind of safe, 61%**
- **Not very safe, 12%**
- **Not at all safe, 3%**

**Why do you think clinical research studies are not safe?**

- I don’t know enough about clinical research studies: 56%
- New medicines may not work well and could make people sicker: 51%
- I don’t know: 22%
- I have seen or heard bad things about clinical research studies: 15%
- Clinical research studies do not take good care of people: 13%

Side effects were the top safety concern among parents.

Sample Size = 486 Base: All children

Sample Size = 72 Base: All children who said that clinical research was “Not Very” or “Not At All Safe”
Children desire free Wi-Fi and snacks most during participation, but hearing from other pediatric participants is also highly important.

If you were a part of a clinical research study, how important would these things be to you?

<table>
<thead>
<tr>
<th>% indicating “Very important”</th>
<th>All children (n = 486)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having free Wi-Fi at the research center</td>
<td>60%</td>
</tr>
<tr>
<td>Getting meals, snacks, and drinks while I am at the research center</td>
<td>59%</td>
</tr>
<tr>
<td>Getting to hear from other kids like me who have taken part in a study</td>
<td>58%</td>
</tr>
<tr>
<td>Being able to use apps on a smartphone for things like reminders for when I need to take medicine</td>
<td>53%</td>
</tr>
<tr>
<td>Being able to have some or all of my study visits done at home instead of having to go to the research center</td>
<td>52%</td>
</tr>
<tr>
<td>Getting information about how I can be healthier</td>
<td>49%</td>
</tr>
</tbody>
</table>
Children decide to participate because they want to advance science and get better treatment.

Why did you decide to join the clinical research study?

<table>
<thead>
<tr>
<th>% Mentioning (Top 4)</th>
<th>Children who report participating (n = 59)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I wanted to help scientists and doctors learn more about my disease/condition</td>
<td>63%</td>
</tr>
<tr>
<td>I wanted to get better medicine for my disease/condition</td>
<td>58%</td>
</tr>
<tr>
<td>My doctor and my family wanted me to join the study</td>
<td>54%</td>
</tr>
<tr>
<td>There are not many medicines or treatments for my disease/condition</td>
<td>20%</td>
</tr>
</tbody>
</table>

Advancing science (31%) and getting better treatment (22%) were also among the top motivators for adult participants aged 18-34 (n=427).
Most children remember getting information (i.e. Informed Consent Form), and were able to understand it.

Do you remember getting information about the clinical research study before you joined?

- Yes: 92%
- No: 3%
- I don't remember: 5%

How easy or hard was it to understand this information?

- Very Easy: 54%
- Kind Of Easy: 31%
- Kind Of Hard: 9%
- Very Hard: 6%

Sample Size = 54 Base: Children who remember receiving information about the study before they joined.

Only 37% of adult participants age 18-34 thought the informed consent form was “Very Easy” to understand (n=427).
Most were able to continue with their daily routine – but found study medication and blood draws to be very burdensome.

Were you able to do the things you normally like to do while you took part in the clinical research study?

<table>
<thead>
<tr>
<th>Item</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taking the study medication</td>
<td>53%</td>
</tr>
<tr>
<td>Having a nurse take blood using needles</td>
<td>50%</td>
</tr>
<tr>
<td>Having medical tests done</td>
<td>49%</td>
</tr>
<tr>
<td>Having to answer questions on paper or on a tablet</td>
<td>46%</td>
</tr>
<tr>
<td>Having to miss school</td>
<td>44%</td>
</tr>
<tr>
<td>Having to pee in a cup</td>
<td>41%</td>
</tr>
</tbody>
</table>

During the clinical research study, how hard were each of the following for you?  % ‘Kind Of’ or ‘Very Hard’

<table>
<thead>
<tr>
<th></th>
<th>Children who reported having participated (n=59)</th>
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n=59 | Base: Children who self report having participated in a clinical research study
Most used smartphones and other technology during participation

Which of the following were used during your clinical research study?

- Smart phone apps: 51%
- Some study visits at home: 39%
- Video conferencing: 37%
- Wearable device: 34%
- I don't remember: 7%
- None: 3%

n=59 | Base: Children who self-report having participated in a clinical research study

Pediatric study participants report far more prevalent use of smartphone apps compared to adult participants, only 15% of whom said they used apps during participation (n=3,654).
Most report a better experience than they expected, and would be willing to participate again. Did being part of the clinical research study end up being like you thought it would be? Most report a better experience than they expected, and would be willing to participate again. Would you want to join another clinical research study someday? Though children are very likely to want to participate again, younger adult participants age 18-34 were least likely (51%) to say that they would be ‘Very willing’ to participate again compared to older age groups (n=427).

- Better than I thought: 78%
- Just like I thought: 17%
- Worse than I thought: 5%

- Yes: 90%
- No: 5%
- I am not sure: 5%

(n=59) Base: Children who self report having participated in a clinical research study

(n=59) Base: Children who self report having participated in a clinical research study
About CISCRP

The Center for Information and Study on Clinical Research Participation (CISCRP) is an internationally recognized non-profit organization dedicated to educating and informing the public and patients about clinical research. CISCRP works to raise awareness, enhance experiences, and strengthen communication and relationships among participants, research professionals and the public through various services and events.

Insights guiding public and patient engagement in clinical research
- Perceptions & Insights Study
- Patient Advisory Boards
- Patient Clinical Trial Journey Workshops
- Custom Research Projects

Information in plain and easy-to-read language
- Trial Results Summaries
- Health Communication Projects
- Editorial Panels

Helpful facts and information about clinical research
- Content Licensing
- Media Awareness Campaign: USA Today; Patient Diversity
- Website Content Development; New Brochure Development
- Volunteer Community: Medical Hero’s Alumni; Ambassador Network

Educational and engaging events held in local communities to build clinical trial awareness and trust
- AWARE-for-All
- Medical Hero’s Appreciation 5K
- Journey to Better Health Traveling Exhibit

Additional Resources
Designed to help professionals best engage patients as partners in the clinical research process. www.ciscrp.org
Education Center, Quarterly eNewsletter, Search Clinical Trials, Sponsorship Opportunities, Webinars, Online Store

For more information about CISCRP and our services, contact us at 877-633-4376, email info@ciscrp.org or visit www.ciscrp.org
Parexel is focused on supporting the development of innovative new therapies to improve patient health.

- We do this through a suite of services that help life science and biopharmaceutical customers across the globe transform scientific discoveries into new treatments for patients.
- From clinical trials to regulatory and consulting services to commercial and market access, our therapeutic, technical and functional ability is underpinned by a deep conviction in what we do.
- We are proud to have helped develop 99% of the 200 top-selling biopharmaceuticals on the market.
- Our more than 16,000 colleagues across more than 100 countries are focused on keeping the patient at the heart of everything we do.
- For more information, visit our [website](#) and follow us on [LinkedIn](#), [Twitter](#) and [Instagram](#).