Ideas for improving success
with good health literacy skills

4. Build health literacy skills from adolescence through early adulthood.

Ideas for improving success
with good health literacy skills

1. Who does your information come from?

- Ideas from experts in the field
- Information from research studies
- Information from reputable organizations

2. How can you set up youth for health literacy success?

- Involve children in conversations with doctors when possible
- Build health literacy skills as early as childhood
- Allow children to be passive listeners

3. How can you create inclusive environments?

- Use culturally competent language
- Provide materials in multiple languages
- Offer translation services

4. How can you use cultural competency?

- Consider the patient's background
- Use language that is appropriate for the patient
- Provide materials in languages the patient understands

Questions like:

- How can you set up youth for health literacy success?
- How can you use cultural competency?

There are many ways to improve health literacy skills and set up youth for success. By involving children in conversations with doctors and building health literacy skills as early as childhood, we can help them become more prepared to take care of their own health in the future. Additionally, using culturally competent language and providing materials in multiple languages can create inclusive environments that are accessible to all patients.